

# DANCE GALLERY STUDIO

Home of the Peter Sparling Dance Company

SUMMER 2004

## CLASS SCHEDULE

**Dance and Fitness classes June 14–August 14**  
**Master Classes on Thursday evenings**  
**No classes July 2–5**  
**Summer Dance Intensive August 19–27**



Dance Gallery Studio, Ann Arbor's Home for Classical and Contemporary Dance, is this area's only non-profit dance studio. Dance Gallery Studio is proudly housed in a beautiful and spacious 5,000 square foot, state-of-the-art facility which boasts sprung floors specifically designed for dance and ample space and light. With our highly qualified faculty we offer students of all ages a wide variety of dance classes at the highest caliber of instruction. It is our goal to provide a nurturing and non-competitive environment in which our students may explore and develop their interests in dance. We are thrilled to be offering a firework of master classes marking the 10th Anniversary of the Peter Sparling Dance Company this summer, bringing teachers old and new from the Ann Arbor Community. With the addition of more youth jazz class, tap for young adults and adults, and an all new fitness program Dance Gallery is growing with leaps and bounds.

The purpose of Dance Gallery Foundation is to develop, produce and promote contemporary Dance performances and provide dance training and educational experiences of the highest artistic quality. We are pleased to welcome new dancers to our family.

**We would love to see you in the studio this summer and remember we have plenty of free parking. Come join us in celebrating the joy of dance!**

### The Summer Dance Intensive August 19–27

is a special time to study at Dance Gallery. In salute to Peter Sparling Dance Company's 10th Anniversary, Peter and his company members are guest artists for the Intensive. Advanced and Intermediate level students study a comprehensive full-day program including ballet, modern, repertory, pointe, character, pilates, and health. Summer Intensive Director is Slavka Jelinkova. Enrollment limited to 30 students. Contact Dance Gallery 734 747 8885 for details and to register.



**Dance Gallery Studio**  
**815 Wildt Street, Ann Arbor, MI 48103**  
**734 747 8885, [dancegalleryfoundation.org](http://dancegalleryfoundation.org)**

We are located one block west of N. Main Street and 1/2 block North of Summit.

### SPECIAL EVENTS

#### PETER SPARLING DANCE COMPANY

##### June 3

Peter Sparling Dance Company  
Open Rehearsal at Dance  
Gallery, 7–9 pm Free

##### June 19

Silent Art Auction  
at Dance Gallery

##### June 23

Peter Sparling Dance Company  
premieres "Peninsula" at  
Ann Arbor Summer Festival,  
Power Center, followed by 10th  
Anniversary Afterglow!

##### August 19–22

Peter Sparling Dance Company  
performs at Performance  
Network's Tree Town Festival

### DANCE ART WORKSHOPS and MASTER CLASSES

**July 8,** Jazz Master Class with Greg Patterson,  
faculty at Oakland University, \$20

**July 9–10,** Six Hour Intensive workshop  
with Greg, \$80

**July 15,** Modern Master Class  
with Peter Sparling, \$20

**July 22,** Hip Hop Master Class  
with Michelle Marzejan, \$20

**July 23–24,** Six Hour Intensive workshop  
with Michelle, \$80

**August 5,** Tap Master Class  
with Melanie Rembrandt, \$20

**Please contact Dance Gallery**  
**734 747 8885 for details and to register.**

#### Staff

Artistic Director, Peter Sparling  
Studio Program Director, Niki Conraths-Lange  
Studio Manager, Leslie Williams  
Executive Administrator, Holly Hobbs  
Business Manager, Keith Lockie  
Executive Director, Carol Thompson

## ADULT DANCE CLASS DESCRIPTIONS - AGES 15+

**Ballet Stretch & Strengthen** \$103.50, Mon. and Wed. 12:00–1:30 pm  
This unique conditioning class combines strength training with the dynamic movement of ballet.

**Intermediate/Advanced Ballet** \$103.50, Mon. 6:00–7:30 pm  
Classes are fast-paced and focus on increased mastery of technique and combinations.

**Ballet Basics** \$103.50, Tue. 12:00–1:30 pm  
For students with little or no previous ballet experience who are interested in becoming familiar with ballet technique at the barre, in the center, and across the floor.

**Open Adult Ballet** \$103.50, Sat. 9:00–10:30 am  
This class requires a good grasp of the ballet techniques vocabulary as we work through barre, center practice, allegro and pirouettes. It provides a challenge for the amateur dance lover and will make the experienced dancer work on long forgotten details with care and structure.

**Modern Basics** \$103.50, Tue. 6:30–8:00 pm  
For dancers with little or no previous dance experience. This class will familiarize students with basic modern dance skills such as body awareness, qualities of movement, technique and terminology.

**Modern Improvisation** \$103.50, Wed. 10:00–11:30 am  
This class for all ages emphasizes freedom of movement and structured improvisation. No prior dance experience necessary.

**Intermediate/Advanced Modern** \$103.50, Wed. 6:30–8:00 pm, Fri. 10:00–11:30 am  
This is a fast-paced class for the students interested in studying more complex combinations, weight shifts and rhythms.

**Broadway Jazz** \$103.50, Thu. 12:00–1:30 pm  
From Chicago to On Your Toes, this musical theatre class wants dancers who are willing and courageous enough to sing along as we “shake” a leg to the beat.

**Hip Hop/Jazz** \$103.50, Tue. 6:30–8:00 pm  
An exciting combination of classical jazz and the newest and funkier moves of Hip Hop Dance.

**Tap Adult** \$83.25, Fri. 5:30–6:30 pm  
For beginning to intermediate students (see Youth Tap description). Lots of fun and a great workout!

**Dance Art Master Class Series** \$20.00/class, Thu. 6:30–8:00 pm  
Exciting Master class presented in various forms of dance including: Modern, Jazz, Hip Hop, Latin. Contact DG Studio for more information.

## OTHER CLASSES AVAILABLE

**Moving From the Inside Out (NIA : Neuromuscular Integrative Action)**  
For information or to register, call Linda Greene, 734 662-2029.

**Tae Kwon Do**  
For information or to register, call Scott Berry, 734 747-8751.

**World Moves** (schedule tba)  
For information or to register, call Jennifer Giacomelli, 734 717-0913.

## Summer Semester Fees

45 minute class \$67.50	Adult Drop-in \$15
1 hour class \$83.25	Dance Professionals Drop-in \$12
1.5 hour class \$103.50	Master class \$20

### Ways to Save!

- Dance Gallery Prepaid Coupon Book, 6 coupons = \$72
- Dance Gallery All Class Pass \$300 per person. After 3 classes, additional classes are FREE, Master Classes and workshops not included
- Early registration discount: register by June 11 and SAVE 10% off tuition fee.

## ADULT FITNESS CLASS DESCRIPTIONS

*Please consult your doctor before starting any type of exercise and make sure to discuss your needs with your certified instructors before you join the class.*

**Pilates on the Ball** \$83.25, Mon. and Wed. 8:00–9:00 am, Th. 9:00–10:00 am  
A high energy, cardiovascular workout on the ball. Challenge your stability, build core strength, tone upper back and arms and make you SING with favorites from the 60's, 70's, and 80's. No other class like this is anywhere to be found so come have a Ball.

**Good Morning Body!** \$83.25, Tue. and Thu. 8:00–9:00 am  
We will stretch neck, shoulders, and back and ease into basic core strength that improves posture, adding confidence and grace to your life. Relaxing background music and aromatherapy scents will make you fly into your day energized and focused.

**Pilates Back Power** \$83.25, Mon. and Wed. 9:00–10:00 am  
Will focus on principles for exercising during back pain and safely take you through a workout that is right for you.

**Pilates for Seniors** \$83.25 (\$70.00 for 70+ years), Tue. 9:00–10:00 am  
This workout is gentle yet challenging, focusing on spine mobility, abdominal stability and posture. If you are recovering from an illness and would like to join the “movement crowd” again, join our classes. We want to see you so much that we created a special offer, only for you!

**Yoga/Pilates** \$83.25, Thu. 12:30–1:30 pm  
An innovative system of mind-body exercise evolved from the principles of Joseph Pilates. These classes help with strength, flexibility and economy of motion as well as good posture, injury prevention and body awareness.

**Gyrokinesis** \$83.25, Fri. 9:30–10:30 am  
Gyrokinesis is a methodology that incorporates many key principles from yoga, dance, gymnastics and tai-chi.

**Stretching for Runners** \$83.25, Sat. 8:00–9:00 am  
We know the deal! Tight hip flexors, IT bands, gluts, lower back, pec. Sounds familiar? Optimal running needs a balanced workout to get you out of the overexerted muscles and back into good posture.

## YOUTH CLASS DESCRIPTIONS - AGES 4+

**Creative Movement (ages 6–9)** \$83.25, Tue. 4:15–5:15 pm  
An introduction to dance emphasizing imagination, self-expression and developing movement skills. Utilizes music to introduce rhythm and qualities of movement.

**Pre-Ballet (ages 4–6)** \$76.50, Tue. 4:15–5:00 pm, Sat. 9:30–10:15 am  
A creative, fun-filled approach to the basics of ballet.

**Tap for Youth (ages 10 and up)** \$83.25, Fri. 4:30–5:30 pm  
For beginning to intermediate students, across the floor progressions and turns, basic step training, and choreography to upbeat music.

**Youth Ballet Level I–II (ages 6–10)** \$103.50, Mon. 4:15–5:45 pm  
This class is structured around the theme of “Sleeping Beauty.” We will work on placement and techniques as well as getting to waltz around to Tchaikovsky's tunes, re-enacting this beloved story.

**Youth Ballet Level III–IV (ages 10–14)** \$103.50, Wed. 5:00–6:30 pm, Thu. 4:00–5:30 pm  
For the dedicated dancer. Designed for students with desire to further their exploration of dance.

**Youth Jazz (ages 10–14)** \$103.50, Tue. 5:00–6:30 pm, Sat. 10:30 am–12:00 pm (ages 6–9) \$83.25, Wed. 4:00–5:00 pm  
A fun introduction to the basics of jazz technique. All levels welcome.

**Youth Modern (ages 10–14)** \$83.25, Thu. 5:30–6:30 pm  
An introductory to intermediate class. Exploring the basic ideas of modern dance including weight shift and musicality.

**All recommended and required dance wear is available at The Dancer's Boutique, located on E. Stadium, in Ann Arbor, in the Lamp Post Plaza 734 973 1178. Youth class dress codes are listed on the website.**

## ADULT CLASS SCHEDULE - AGES 15+

### MONDAY

**Pilates on the Ball 1960's**, 8–9 am  
Niki Conraths-Lange

**Pilates Back Power** 9–10 am  
Niki Conraths-Lange

**Ballet Stretch & Stngthen** 12–1:30 pm

**Intermediate/Adv. Ballet**, 6–7:30 pm  
Niki Conraths-Lange

### TUESDAY

**Good Morning Body!** 8–9 am  
Michelle Marzejan

**Pilates for Seniors** 9–10 am  
Michelle Marzejan

**Ballet Basics** 12–1:30 pm  
Holly Hobbs

**Moving from the Inside Out** 12–1:30 pm  
contact  
Linda Greene  
734 662-2029

**Modern Basics** 6:30–8 pm  
Holly Hobbs

**Hip Hop/Jazz** 6:30–8 pm  
Michelle Marzejan

### WEDNESDAY

**Pilates on the Ball 1970's**, 8–9 am  
Niki Conraths-Lange

**Pilates Back Power** 9–10 am  
Niki Conraths-Lange

**Modern Improvisation** 10–11:30 am  
Shirley Axon & Nancy Heers

**Ballet Stretch & Strengthen** 12–1:30pm  
Holly Hobbs

**Intermediate/Adv. Modern** 6:30–8:00 pm  
Holly Hobbs

**Tae Kwon Do** 8:15–9:45 pm  
contact Scott Berry  
734 747-8751

### THURSDAY

**Good Morning Body!** 8–9 am  
Leslie Williams

**Pilates on the Ball 1980's**, 9–10 am  
Leslie Williams

**Yoga/Pilates** 12:30–1:30 pm  
Tamara Pogue

**Broadway Jazz** 12–1:30 pm  
Niki Conraths-Lange

**Dance Art** Master Classes 6:30–8 pm

### FRIDAY

**Gyrokinesis** 9:30–10:30 am  
Aimee McDonald

**Modern Int./Adv** 10–11:30 am  
PSDCompany member

**Tap Adult** 5:30–6:30 pm  
Melanie Rembrandt

**Tae Kwon Do** 6:45–8:15 pm  
contact  
Scott Berry  
734 747-8751

### SATURDAY

**Stretching for Runners**, 8–9 am  
Niki Conraths-Lange

**Open Adult Ballet** 9–10:30 am  
Niki Conraths-Lange

### SUNDAY

**Tae Kwon Do** 6:30–8 pm  
contact  
Scott Berry  
734 747-8751

**Instructors' biographies  
are available at  
[www.dancegallerystudio.org](http://www.dancegallerystudio.org)**



## YOUTH CLASS SCHEDULE - AGES 4+

### MONDAY

**Youth Ballet** Level I & II  
Ages 6–10  
4:15–5:45 pm  
Niki Conraths-Lange

### TUESDAY

**Creative Movement** Ages 6–9  
4:00–5:00pm  
Michelle Marzejan

**Pre-Ballet** Ages 4–6  
4:15–5 pm  
Mellissa Beck-Matjias

**Youth Jazz** Ages 10–14  
5:00–6:30 pm  
Michelle Marzejan

### WEDNESDAY

**Youth Jazz Basic** Level I & II  
Ages 6–9  
4:00–5 pm  
Heather Vaughn

**Youth Ballet III–IV** Ages 10–14  
5:00–6:30 pm

### THURSDAY

**Youth Ballet** Level III–IV  
Ages 10–14  
4–5:30 pm  
Mellissa Beck-Matjias

**Youth Modern** Ages 10–14  
5:30–6:30 pm  
Holly Hobbs

### FRIDAY

**Tap for Youth** Ages 10 and up  
4:30–5:30 pm  
Melanie Rembrandt

### SATURDAY

**Pre-Ballet** Ages 4–6  
9:30–10:15 am  
Nicole Manvel

**Youth Jazz** Ages 10–14  
10:30–12pm  
Heather Vaughn

### Studio Rental Rehearsal

- \$20/hr large studio
- \$15/hr small studio

### Classes

- \$40/hr either studio

### Events

please call DGS  
for prices 734 747 8885



**CELEBRATE SUMMER AND MOVE!**

# DANCE GALLERY STUDIO

Home of the Peter Sparling Dance Company

SUMMER 2004

## CLASS SCHEDULE



### REGISTRATION FORM (Please complete one per student) or download from [www.dancegallerystudio.org](http://www.dancegallerystudio.org)

Student name	Date of birth	
Parent or Guardian Names		
Address		
City	State	Zip
Phone (H)	Phone (W)	
E-mail	Mobile phone	
Emergency contact name	Phone	
Names of Class/level	Day(s) and time	Tuition cost
1.		
2.		
3.		
Tax deductible donation \$	Total amount \$	

METHOD OF PAYMENT	
<input type="checkbox"/> Cash	<input type="checkbox"/> Check, # _____
Please make check payable to <b>Dance Gallery Studio</b>	
<input type="checkbox"/> Visa	<input type="checkbox"/> Master Card
Card Number _____	
Exp. Date _____	
Name on Card _____	
Signature _____	
Date _____	

#### Please read and sign below:

1. Dance Gallery Studio (DGS) reserves the right to cancel or reschedule classes and change/teachers when necessary.
2. Make-ups for missed classes must be taken during the current session.
3. No refunds after the third week of class. Refunds will be prorated.
4. Registration fee and tuition payment arrangements must be made prior to the second week of class. Timely registration helps prevent class cancellations.
5. For youth classes, one trial class is available to new students.
6. Dance Gallery reserves the right to not admit late-comers of more than 15 minutes to reduce the risk of injury and to avoid distraction of fellow classmates.
7. I recognize the necessity of occasional physical contact with instructors and the risks of illness and injury inherent in any dance program. I am participating upon the express agreement and understanding that I am hereby waiving and releasing DGS, its directors, employees and agents from and against all claims except for injury and illness directly resulting from gross negligence or willful misconduct on the part of DGS, its directors, employees, and agents.

I have read and agree to these statements.

#### Photo Waiver

I grant permission to Dance Gallery to use my/my child's image in publicity materials such as advertisements, performance programs, class schedules, public displays, fundraising materials, and press kits. Yes No (please circle one)

**Please return to Dance Gallery Studio**  
815 Wildt Street  
Ann Arbor, MI 48103  
734 747 8885  
fax 734 747 9813